

ABSTRACT OF THE DISCLOSURE

A high-density optical disc and a method for recording/reproducing data of the high-density optical disc are disclosed. Playback allowance codes adapted to determine region-based allowance of playback of data recorded on the optical disc are recorded in a part of user control data, having a predetermined recording size, recorded on the optical disc. When a data reproducing operation for the optical disc is carried out in an optical disc apparatus, a region-based playback allowance code corresponding to the intrinsic region identification information previously stored in the optical disc apparatus is detected from the user control data. The detected code is used as a de-scrambling key for an address unit number or user data to be read from the optical disc. Accordingly, it is possible to more efficiently achieve region-based protection of the copyright of a high-density optical disc.